

Reg.No: YAI/EU/POR/01CDA18/2011/05

YOGA ALLIANCE INTERNATIONAL
India's first International Yoga Alliance



CASA DA ALMA

Boavista, Porto, Portugal

hereby certifies

Conceição Ruas

as a

HATHA YOGA TEACHER

having completed all requirements of 200-hour Level training
and having demonstrated proficiency in the following :
Anatomy, Pranayama, Meditation & Hatha Yoga Asanas,
Communication Skills

4th of January 2020 to 1st October 2020



casa da alma



Swami Vidyanand
Founder | President
Yoga Alliance International

स्वामी विद्यानंद



K.M.Chandrashekar
Organising Director
Yoga Alliance International

K.M. Chandrashekar